



International Women's Association Namibia

IWAN

The Weaver



### CHAIRLADY REPORT

Dear Ladies

As you know I am still on holiday, so I prepared a special report for you. I want to talk to you about an amazing creature, this creature is called ""Mother".

Most of us are mothers', but all of us have or have had one, so although Mother's day is past, we can still celebrate this amazing creature.

Mothers know, they always do. They know what their baby wants or needs; they understand and translate the first, understandable words to everybody else.

They know when you have your first boyfriend, although you tried to hide it in any imaginable way. They read in your eyes that you are getting sick when you want to go to a party.

They never stop knowing - even when you are grown up, Mothers are able to sense when you are worried and can call in the middle of the night, not caring a less that you are living in another time zone.

Mothers come with special meals. We all have good memories of the food our Moms made us. And still, my Mom's apple pie is the utmost best!

Mothers trick us, they have special ways to make us do things we actually don't or didn't want to do. Did I really never want to cut my hair when I was a child? and always had these two long plaits with a bow at the end ... I look horrible in all my childhood pictures.

Mothers are magic - they come up with unbelievable stories just to make you feel better, "Don't worry about the dark, everything is much more beautiful, you just can't see it" was one of the stories of my mom.

Mothers are beautiful, they always are and if we find old pictures of them, they were stunning when they were young! I have some pictures of my mom when she was 17 or so and she looks just like Brigit Bardot.

It is just impossible for us to believe that our Mothers ever had sexual relations with our Fathers and that they could do anything more intimate than a kiss on the cheek.

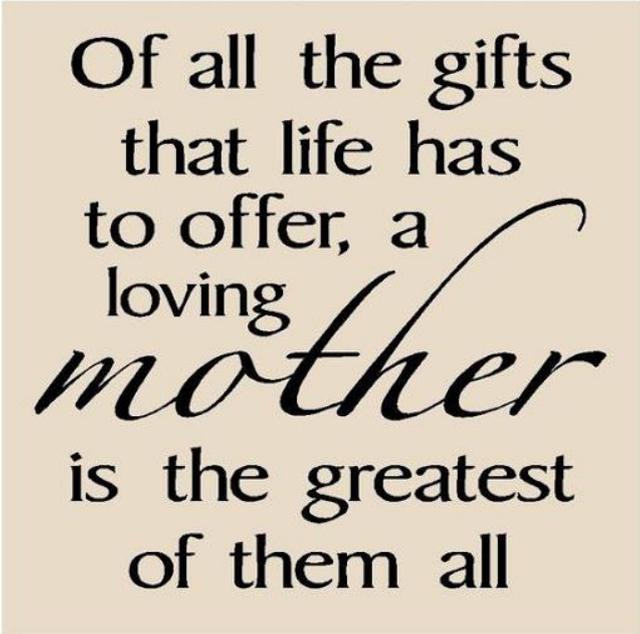
My mom passed away when I was 20. I still miss her although many years have passed. Sometimes she visits me in my dreams. I hold on to habits she passed on to me, like always wear clean underwear, you never know if something happens and you get rushed to the hospital.

I always wear something of hers. I remember her perfume and think she stands next to me when I sense it in a public place. I would like her to be proud of me and I would like to be able to care and spoil her like she did with me.

So ladies, please give your Mom a call and tell her how much you love her and that you are grateful for what she did and does for you and for those, like me, who can't do that, send some thoughts to your Mom and look around you with a smile because she is everywhere.

Greetings

Agnes



Of all the gifts  
that life has  
to offer, a  
loving  
*mother*  
is the greatest  
of them all

## **CHARITY REPORT (written by Sylvia)**

Charity group committee members are Daria, Foibe, Sylvia, and Ute.

### **Food Delivery**

Every fortnight IWAN volunteers deliver fresh food to Katutura Old Age Home (OAH) and CLaSH Pre-Primary School.

Thank you very much to all the volunteers for this month: Cacilia, Brigitte, Virginie, and Dayle.

This is our deliveries schedule for the upcoming month of July

#### **FOOD DELIVERY TO CLASH AND OAH JULY 2019**

<b>Date</b>	<b>Name</b>
4 <sup>th</sup>	Ute Sylvia
18 <sup>th</sup>	Franziska

If you would like to volunteer, there are still spaces available in August and September. Feel free to write to any of the Charity Co-ordinators or sign up at the coffee mornings.

### **Bio-Market**

Our second Bio-market this year took place on Saturday the 1<sup>st</sup> of June. A big Thank you to all the volunteers that signed up to prepare dishes or send in something, as well as those who participated in the market itself during the early and late shifts. The special was "Curry Broetchen" made by Jayshree (Daria and Lisa participated in terms of ingredients donation). Marian did the shopping.

Our takings on the morning were NAD9,651. Out of this, a total of NAD1,853 was given as commission to the market while NAD2,469.05 was spent on shopping, leaving us with a profit of N\$5,328.95. Well done to the team, given that all the food prepared was consumed.

It was a colourful event. See pictures below.



### **Clothing Sale**

The next clothing sale will take place on Saturday, 6<sup>th</sup> July 2019 at Mammadu. Thank you to all those who have so far donated some clothing and toy items. More donations are welcome. We appreciate all the ladies who have so far signed up for sorting and selling, however, we are still looking for more volunteers! Please contact Charity Co-ordinators for more information. We would also appreciate it if you could advertise the sale amongst your workers, friends, etc.

According to the new rules, there will be two pre-sale coffee mornings. One was held on the 25th June and the second will be held on 2nd of July. The pre-sale prices at these coffee mornings are set by the seller and at least 50% of the proceeds will go to IWAN as a donation. Selling at the sorting is not allowed anymore.

A total of NAD1,175 was collected from the clothing Pre-sale of 25<sup>th</sup> June 2019. Thank you to all who participated in the buying and selling of the clothes.

### **Projects**

This month **one Charity Project was approved.**

The project is for Friendly Haven where the committee agreed to support the center through delivery of basic hygiene items in two intervals of 6 months. The first delivery will be done in the month of July.

### **Follow up**

The charity team met and agreed on a follow-up audit of the Old Age home project to ensure that funds are being well spent. This will be carried out by Foibe.

*“Nothing else in all life is such a maker of joy and cheer as the privilege of doing good.”*

*James Russell Miller*



## BANANA BREAD



4 bananas, mashed (very ripe brown bananas)

1 ½ cups white sugar

125g butter or margarine, softened

2 cups sifted flour

½ tsp baking powder

¾ tsp bicarbonate of soda

Pinch salt

2 large eggs

1 tsp / 5ml vanilla essence

- Mash bananas in a bowl and add sugar and beat using an electric beater.
- Beat in softened butter / margarine.
- Add the sifted flour, baking powder, bicarb and salt.
- Add eggs and vanilla essence and beat well.
- Pour mixture into a loaf tin or tube cake tin and bake on 165 deg C for 50-60 minutes.
- Once cooled you can ice with cream cheese frosting (optional).

### Cream cheese frosting:

1/2 cup of butter, at room temperature

224g cream cheese, at room temperature

About 3 cups (360g) of icing sugar, sifted (depending on how sweet you want the icing)

1 tsp vanilla essence

- Beat cream cheese and butter together using hand held beater.
- Add sifted icing sugar & vanilla essence and beat until smooth and creamy.



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