



▶ NEWS FROM RC



▶ FIRE STATION VISIT



▶ CATHERINE'S RECIPES

○ ISSUE 8 | ○ SEPTEMBER | ○ 2013

Windhoek Weaver

"WE DO IT FOR LOVE AND CHARITY"

News from the Resource Center



It was under a sunny sky that our Reunion Celebration took place. By 8:30am kids were by the entrance gate waiting impatiently to get inside Ja-

cob Marengo's School. Banners and balloons hanged at the entrance gate transforming the school into a magical place.

Glitter was covering the path where the kids walked to reach the stands filled with games. Lanterns and balloons were hanging all over the trees.



Once writing their names in the registration book, they would approach a desk to buy tickets to the games and raffle. Apple splash, face painting and lucky dip became the most popular amongst the kids. The best part of the celebration was the Talent Show. Kids faced the public without any shyness. Some sang, whilst others danced and there were lots of mini-

models parading as though there were on a real Catwalk. Many happy painted faces beaming with happiness and joy could be seen everywhere.



Mothers, fathers, uncles, teachers, friends and IWAN Volunteers all joined together during this festive and friendly Saturday morning at the Resource Centre. The Resource Centre's grounds were the perfect place to spend such a lovely day.

The party ended after a magnificent picture was

taken in the grounds of the school with all the kids taking part to make the number 5, celebrating 5 years of the Resource Centre.



Well done kids, well done parents and teachers. It is so good to share happiness!!!

Marcia del Raso Alvarado-Davis



**Welfare Organisation Registered with the Ministry of Health and Social Services
Registration Number WO 372**

Come join us for a visit to the Windhoek Fire Station on Wednesday, 11 September 2013!

As a fundraiser for the After-School Resource Centre in Katutura, IWAN has arranged a very special visit for children under guidance of their parent(s) to Windhoek Fire Station from 14h00 - 16h00.

Date: 11th September 2013

Time: 13h45. Meet at the car park by Eros shopping centre next to Joe's Beer House. We will leave at 14h00 sharp!

Cost: Donation of N\$40 per child. All monies raised will go towards the After-School Resource Centre. You can pay on the day, but please call or email to reserve space for your child.

Contact: Please e-mail Rachel with your name, cell phone number, and the number of children to pressrep@iwan.com.na or call/sms her at 081 680 4070. Closing day to register is Monday, 9 Sept.



Catherine's favorite recipes

Recipe Corner

I have made these so often during school holidays that they seem the only logical recipe choice for this month. They are the perfect snack for hungry children and can be made in minutes using ingredients you will most likely have at hand. You may know them by another name but in Australia we call them Pikelets. Traditionally they are plain and served with butter or jam and cream but I like to add banana to mine. The batter itself is very versatile. You can replace any of the flavourings with berries, grated apple or perhaps some choc chips. You can also make savoury fritters by omitting the sugar and adding ham and cheese or tuna and sweetcorn. The possibilities are endless!



Catherine Craib

PIKELETS

(Makes around 15)

- 1 cup flour**
- 3 tsp baking powder**
- 2 tbsp sugar**
- pinch of salt**
- 2/3 cup of milk**
- 1 egg**
- 2 bananas, mashed**
- 1 tsp vanilla extract**
- zest of 2 lemons**

Place dry ingredients into a large bowl.

Make a well in the centre and pour in the milk and egg.

Gradually incorporate the flour into the milk, whisking until a smooth batter forms.

Add the banana, vanilla and zest and stir to combine.

Heat a non-stick frying pan over medium heat and grease it lightly with butter or oil.

Drop tablespoons of mixture into the pan and cook until bubbles appear on the surface.

Don't overcrowd the pan or they will be difficult to turn.

Turn pikelets over using an egg slice and cook until golden brown.

Repeat with remaining batter, lightly greasing pan between each batch.

Serve warm or at room temperature spread with butter

ENJOY!



IWAN favorite recipes

Recipe Corner

This easy and fast oat cookie recipe is from our former member Heidi Kinnunen (shared with us by Chantal Gerritsen).

Easy and fast oat cookies

400 ml rolled oats

200 ml sugar

1 tea spoon vanilla extract

2 table spoons wheat flour

2 tea spoons

baking powder

Mix the dry ingredients together in a bowl.

Add the melted (and cooled down) butter.

Mix in the eggs and vanilla extract.

The dough is almost solid.

Put heaps of about 2 tea spoons on the tray (3*4 cookies / tray). Leave a lot of space between the heaps. The cookies will spread down a lot.

Bake about 7 minutes in 200 C until the cookies are golden brown and crispy.

Let them cool down on the tray



ENJOY!

ADVERTISING

A reminder that all advertising must go through IWAN secretary (e-mail secretary@iwan.com.na). If you wish not to receive these e-mails, please unsubscribe with secretary directly. Advertising costs will be N\$30.00 for members and N\$50.00 for non-members.

IWAN Charities

IWAN supports a host of charities, including the Katutura Old Age Home, CLaSH, Megameno Home for Orphan's, the Wake Up! Day Care Centre, and many others. For more information on IWAN's ongoing charity work please go to the IWAN web page <http://www.iwan.com.na>. If anyone has any questions regarding the Charities please feel free to ask Allison. If you would like to join the group of IWAN members who shop and deliver food to Megameno, the Old Age Home and CLASH, please contact Allison Thomas. We operate on a roster system, going out in pairs or on our own.

MEMBERSHIP AND Meeting information

IWAN Sponsors:



One of Namibia's leading financial services companies.



More than just a journey... Sense of Africa provides you with a full African experience that arouses all your senses.



Pure & Simple is situated in Garten Street in the CBD. A portion of their sales of locally made goods is donated to IWAN each month.



Fairfield Tours South Africa

Fairfield Tours, as part of their corporate social responsibility programme, offers their tour clients the option of donating N\$50 per person. Please follow the link to their travel blog: <http://fairfieldtours.wordpress.com/2013/02/15/fairfield-tours-extends-a-helping-hand/>



The International Women's Association is open to women of all nationalities. The Association aims to offer support to newcomers to Windhoek, provide assistance to our members and help various charitable groups in whatever way we are able. We meet at 10am on most Tuesday mornings, at either a member's home or at one of the many interesting venues in and around Windhoek.

Meet your IWAN committee!

Main role	Also/ responsible 4	Name	Email
Chair	press liaison	Lauren Voges	chair@iwan.com.na
Vice Chair		Judi Fourie	vicechair@iwan.com.na
Charity	all things charity	Allison Thomas	charityprojects@iwan.com.na
Membership/Cash Box/ Hospitality	reimbursements & payments & memberships	Chantal Gerritsen	hospitality@iwan.com.na
Resource Center	all things RC	Anita Bijman	resourcecentre@iwan.com.na
Secretary/Social Media email POC/	IWAN communication	Rachel Schmidt	secretary@iwan.com.na
Treasurer		Fran Aylott	treasurer@iwan.com.na
Weaver Editor	Weaver newsletter & back-up webmaster	Minna Wäljas	weavereditor@iwan.com.na

Dates for the Diary

September 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Evening event @ 18.30, Petra Post hosting	4	5	6	7 Biomarket
8	9	10 Coffee morning, Sharon Norris hosting	11 visit to the Windhoek Fire Station	12	13	14
15	16	17 Coffee morning, Lilian Brell hosting	18	19	20	21 60s Party
22	23	24 Coffee morning, Catherine Craib hosting	25	26	27	28 Clothes sale
29	30					



For more information, photos and upcoming events see: www.iwan.com.na

BIRTHDAYS AUGUST 2013

Catherine Craib	6 Sept
Catherine Truong	9 Sept
Kully Rennie	15 Sept
Katja Klein	17 Sept
Marcia Del Raso Alvarado-Davis	21 Sept
Witta Biehler-Kroll	22 Sept
Jane Gold	25 Sept
Judi Fourie	27 Sept
Rose Betts	29 Sept
Rosa Maria Baquero	30 Sept



Welcome to new IWAN members!

Catherine Truong, Rosa Maria Baquero, Stacy Owecke and Wendy Adams

Have you discovered something new in Windhoek or Namibia? Are you doing something interesting? Any special travel tips? Anything else you would like to share with IWAN members? Please feel free to contribute news and articles to the Weaver. Please email contributions to Minna Wäljas (weavereditor@iwan.com.na).

